

**GUILTY FEELING CAUSED FEAR IN THE NOVEL *THE
SECRET TO HAPPINESS* BY JESSICA REDLAND**

TERM PAPER



By

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**STRATA ONE (S-1) OF ENGLISH LANGUAGE AND CULTURE DEPARTMENT
FACULTY OF LANGUAGE AND CULTURE
DARMA PERSADA UNIVERSITY
2021**

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SECRET TO HAPPINESS* BY JESSICA REDLAND**

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Submitted in part-fulfillment of the requirements for obtaining
Sarjana Linguistik (S.Li) degree



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INTELLECTUAL PROPERTY STATEMENT

I hereby declare that this term paper is the result of my own work not plagiarism of another work, the contents has become my responsibility. All the sources of my research and quoted or referenced have been stated correctly.

Jakarta, 08 February 2021



TEST FEASIBILITY VALIDATION

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Writer,

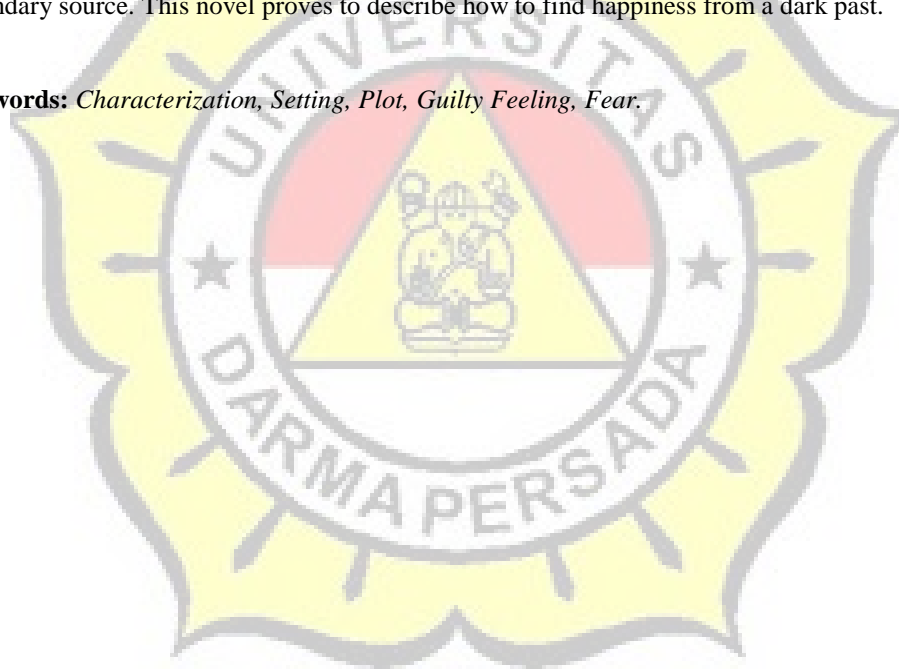
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ABSTRACT

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Study Program : Strata One (S-1) of English Language and Culture
Title : Guilty Feeling Caused Fear in The Novel *The Secret to Happiness* by Jessica Redland.

This term paper is about the guilty feeling and fear experienced by Alison's character in the novel *The Secret to Happiness* by Jessica Redland. How Alison has a dark past and rises to find her happiness. After losing her family, now Alison lives with her boyfriend Dave. Dave is cruel and often bullying Alison until Alison meets Danniella, and they become best friends. They have the same goal of striving to find their happiness. This term paper discusses about the theme of a literary work of novel using the intrinsic and extrinsic approaches. The concepts that are applied to analyze through intrinsic approach consist of characterization by using showing and telling methods, plot, and setting. For the extrinsic approaches, the concept the writer uses are guilty feeling and fear. This study is the variety of qualitative research, types of library research, interpretative analysis using the method of data collection in the form of literary texts from the novel *The Secret to Happiness* by Jessica Redland as a primary source and supported by some of the literatures to relate the theory, concept and the relevant definition as a secondary source. This novel proves to describe how to find happiness from a dark past.

Keywords: *Characterization, Setting, Plot, Guilty Feeling, Fear.*



ABSTRAK

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Judul : Guilty Feeling Caused Fear in The Novel The Secret to Happiness by Jessica Redland.

Skripsi ini membahas perasaan bersalah dan ketakutan yang dialami oleh karakter Alison dalam novel *The Secret to Happiness* by Jessica Redland. Bagaimana Alison memiliki masa lalu yang kelam dan bangkit untuk menemukan kebahagiaannya. Setelah kehilangan keluarganya, kini Alison tinggal bersama pacarnya Dave. Dave kejam dan sering membully Alison hingga Alison bertemu Danniella, dan mereka pun menjadi sahabat. Mereka memiliki tujuan yang sama yaitu berjuang untuk menemukan kebahagiaan mereka. Skripsi ini membahas tentang tema karya sastra novel dengan menggunakan pendekatan intrinsik dan ekstrinsik. Konsep yang digunakan untuk menganalisis melalui pendekatan intrinsik meliputi karakterisasi melalui metode langsung dan tidak langsung, alur, dan latar. Dalam pendekatan ekstrinsik penulis menggunakan teori guilty feeling dan fear. Penelitian ini adalah berbagai penelitian kualitatif, jenis penelitian kepustakaan, interpretatif / analisis dengan menggunakan metode pengumpulan data berupa teks sastra dari novel *The Secret to Happiness* karya Jessica Redland sebagai sumber utama dan didukung oleh beberapa literatur untuk menghubungkan teori, konsep dan definisi yang relevan sebagai sumber sekunder. Novel ini terbukti menggambarkan bagaimana menemukan kebahagiaan dari masa lalu yang kelam.

Kata kunci: Karakterisasi, Latar, Alur, Rasa Bersalah, Ketakutan.

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