

CHAPTER 1

INTRODUCTION

1.1. Background of the Problem

Darkness Anxiety is frequently observed of all ages of people, including children during their developmental stages. The growth period in children or the golden age in children starts from 0-6 years, at this age the child's brain develops, children begin to know how to express themselves such as anger, happiness, sadness, disappointment, and fear (Indah & Ari, 2022). In certain cases especially in Indonesia, the condition may stem from inappropriate parenting practices, such as prohibiting children by instilling fear to prevent them from engaging in undesired behaviors. Anxiety is common problem that happens of all ages of people. Anxiety is a phenomenon where we struggle to tolerate uncertainty and fear of impending disaster. Anxiety disorders can leave us feeling restless, stressed, and even unable to sleep due to thoughts of both visible and invisible dangers (Indah&Ari, 2022).

Many movie scripts discuss psychological themes that discuss mental health. Orion and The Dark tells about Orion a boy 11 years old in facing the fear and anxiety of darkness. Orion and The Dark written by Charlie Kaufman. Orion is an 11-year-old boy who is still in school. He is a shy boy and has many fears. His fears appear wherever he is, including at home. When the electricity in his house went out, his fears appeared and were followed by his upset emotions, because his fear of the dark has become the most disturbing thing for him. Anxiety gives a warning to the individual that the ego is under threat, therefore when there is no action the ego will be wasted as a whole.

In Freud's theory anxiety as an important part of personality, something that is a foundation and center of the development of neurotic and psychotic behavior. Imbalance of Id, Ego, and Superego can cause anxiety. In psychological studies, Sigmund Freud's theory of personality structure consisting of the ID, Ego, and Superego is fundamental in understanding human behavior and internal conflict. According to Freud, the ID represents the instinctual, pleasure-seeking drives, often unconscious and impulsive, seeking immediate gratification of basic

needs and desires. The Ego, in contrast, operates as a mediator, balancing the often chaotic demands of the ID with the constraints and demands of reality. Finally, the Superego encompasses the moral conscience, shaped by societal norms and values, aiming to restrain the ID's impulses and guide the individual toward ethical and socially acceptable behavior. Together, these three components interact to shape how an individual perceives, reacts, and manages the world around them. There are various ways in which the ego protects and defends itself, and even if no rational techniques work, the individual may resort to non-rational defense mechanisms to defend the ego.

I assumed that this movie script most likely highlights the theme darkness anxiety and defense mechanism. In addition, to his anxiety about the dark, the film also showcases the defense mechanisms Orion uses to protect himself from his anxiety. According to Freud's psychoanalytic theory, Orion's defense mechanisms include denial, projection, sublimation, repression, rationalization, and displacement.

The reason why I conduct this research is because the main character Orion in the "Orion and The Dark" (2024) movie script experiences anxiety in the dark and defense mechanism. The problems in this film are related in real life in society, darkness anxiety can be experienced by people of all ages, which can cause feelings of worry or anxiety and can trigger negative prejudice, and everyone has their own defense mechanisms when they feel anxious. Defense mechanisms are protections that emerge from a person's subconscious.

Based on this, therefore, I made a research on darkness anxiety and defense mechanism experienced by the character Orion in the "Orion and The Dark" movie script (2024), using a psychoanalytic perspective of literature, therefore I made the research title "Darkness Anxiety That Leads to Defense Mechanism in The Character Orion in The "Orion and The Dark" Movie Script 2024".

1.2. Identification of the Problem

Based on the background of the research above, I will identified intrinsic element, the psychological aspect suchs as darkness anxiety and the defense mechanism reflected in the movie script. Therefore, the following the objectives of study that related to research :

1. The characterization of Orion and Orion's behavior, plot and setting in the "Orion in The Dark" movie script (2024).
2. The psychoanalysis aspects of the Orion that reflected in the film. Darkness anxiety and self defense mechanism of the Orion that reflected in the "Orion and The Dark" movie script (2024).

1.3. Limitation of the Problem

In this research, I limited the research problem on focusing how the darkness anxiety experienced and defense mechanism in the character Orion from the Orion and The Dark movie script 2024. Through the theoretical psychoanalysis anxiety and also defense mechanism from Sigmund Freud and used theory literary approaches such as characterization, plot, and setting. I limited this research to the character Orion as he represent the darkness anxiety and how does self defense mechanism Orion to overcome the darkness anxiety according Sigmund Freud psychoanalysis theory.

1.4. Formulation of the Problem

Based on the limitation of the problem above, the formulation of the problem is followed by the assumptions of the theme in " Orion and The Dark (2024)" and I analyzed is about Darkness Anxiety That Leads to Defense Mechanism in The Character Orion in the Orion in The Dark movie script 2024. I expect the reader to understand the contents that will be discussed in the research. To resolve this problem, the problem formulation is :

1. How is Orion's darkness anxiety portrayed in the "Orion in The Dark" movie script (2024) based on characterization, plot, and setting ?
2. How is Orion's defense mechanism portrayed in the "Orion and The Dark" movie script (2024) based on characterization, plot, and setting?

1.5. Objective of the Problem

Based on the formulation above, the objective of the research is :

1. Analyze and explain how the darkness anxiety in Orion is described through characterization, plot and setting in the "Orion and The Dark (2024)" movie script.

2. Analyze and explain how self defense mechanism in Orion is described in the “Orion and The Dark (2024)” movie script thorough characterization, plot, and setting.

1.6. Benefit of the Research

Referring to the research objectives above, it is hoped that readers will benefit from this study by enriching their knowledge of literary psychology theory in film, and by providing an understanding of darkness anxiety, which can affect anyone. I hope this research will educate those interested in this phenomenon, I believe I have done something new to understand it.

1.7. Systematic Organization of the Research

This research is organized into several key chapters to ensure a logical and structured presentation of the analysis:

Chapter 1: Introduction

This chapter introduces the research topic, outlines the background of the problem, defines the objectives and significance of the study, and presents the formulation of the research problem. It provides a brief overview of Orion and The Dark and its relevance to psychoanalytic theory.

Chapter 2: Theoretical Framework

A comprehensive review of relevant literature on Freud’s psychoanalytic theory will be presented. This chapter also will be discuss about research data: characterization, plot, and setting.

Chapter 3: Research Method

This chapter outlines the research methodology, including time and location, research approach and method, research object data, data collection technique, and data analysis technique.

Chapter 4: Analysis of Orion’s Character

In this chapter, the main analysis will be presented. The darkness anxiety and defense mechanism of Orion will be examined through the lens of Freud's theory.

Chapter 5:

Conclusion

This chapter will discuss the implications of the findings. The discussion will also reflect on how the research contributes to a deeper understanding of the darkness anxiety and defense mechanism in the character Orion.

