

**DARKNESS ANXIETY THAT LEADS TO DEFENSE
MECHANISM IN THE CHARACTER ORION IN THE “ORION
AND THE DARK” MOVIE SCRIPT (2024)
TERM PAPER**



By :

Nama : Ihda Aryani Setiadi

NIM : 2022139001

**ENGLISH LANGUAGE AND CULTURE DEPARTEMENT
FACULTY OF LANGUAGE AND CULTURE
DARMA PERSADA UNIVERSITY
JAKARTA**

2026

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MECHANISM IN THE CHARACTER ORION IN THE ORION
AND THE DARK MOVIE SCRIPT (2024)**

TERM PAPER

Submitted in part-fulfillment of the requirements for obtaining Sarjana Linguistic
(S.Li) Degree



By:

Ihda Aryani Setiadi

2022139001

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FACULTY OF LANGUAGE AND CULTURE

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2026

INTELLECTUAL PROPERTY STATEMENT PAGE

I hereby declare that the term paper is the result of my research and not plagiarism of another study, the contents has become my responsibility as one of the requirements needed to obtain the title Sarjana Linguistic (S.Li) Degree in the Faculty of English Language and Literature in the University of Darma Persada. All sources of my study have been stated correctly.

Jakarta, January 20, 2026



(Ihda Aryani Setiadi)



LETTER APPROVAL

On recommendation of respective Supervisor, Academic Advisor, and Head of the Department, the term-paper submitted by Ihda Aryani Setiadi entitled Darkness Anxiety That Leads to Defense Mechanism in The Character Orion in The “Orion and The Dark” Movie Script (2024) has been approved and forwarded to the English Language and Culture Department, Darma Persada University, for final evaluation before the thesis defense for obtaining Sarjana Linguistic (S.Li) degree to the respective candidate.

Supervisor

Signature

Date



Syarif Hidayat,S,S.M.Hum

Jakarta, January 20,2026

**Head of English Language and Culture
Department**

Signature

Date



Dr. Yoga Pratama, SS, M.Pd

Jakarta, January 20,2026

Academic Advisor

Signature

Date



Syarif Hidayat,S.S.M.Hum

Jakarta, January 20,2026

Name

: Ihda Aryani Setiadi

Student Number


: 2022139001


TERM PAPER VALIDATION


On February 5th, 2026 the term paper has been academically tested and defended in front of

THE BOARD OF EXAMINERS

Ones of whom sit as follows

Advisor : 
Syarif Hidayat, S.S.M.Hum

Examiner : 
Drs. Rusydi M. Yusuf, M.Si

Head Board of Examiners : 
Dra. Kurnia Idawati, M.Si

Legally validated in Jakarta, February 12th, 2026.

Head of English Language and
Culture Departement

Dean of Faculty of Language and
Culture Departmenet


Dr. Yoga Pratama, S.S, M.Pd


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Dr, C. Dewi Hartati, M.Si.

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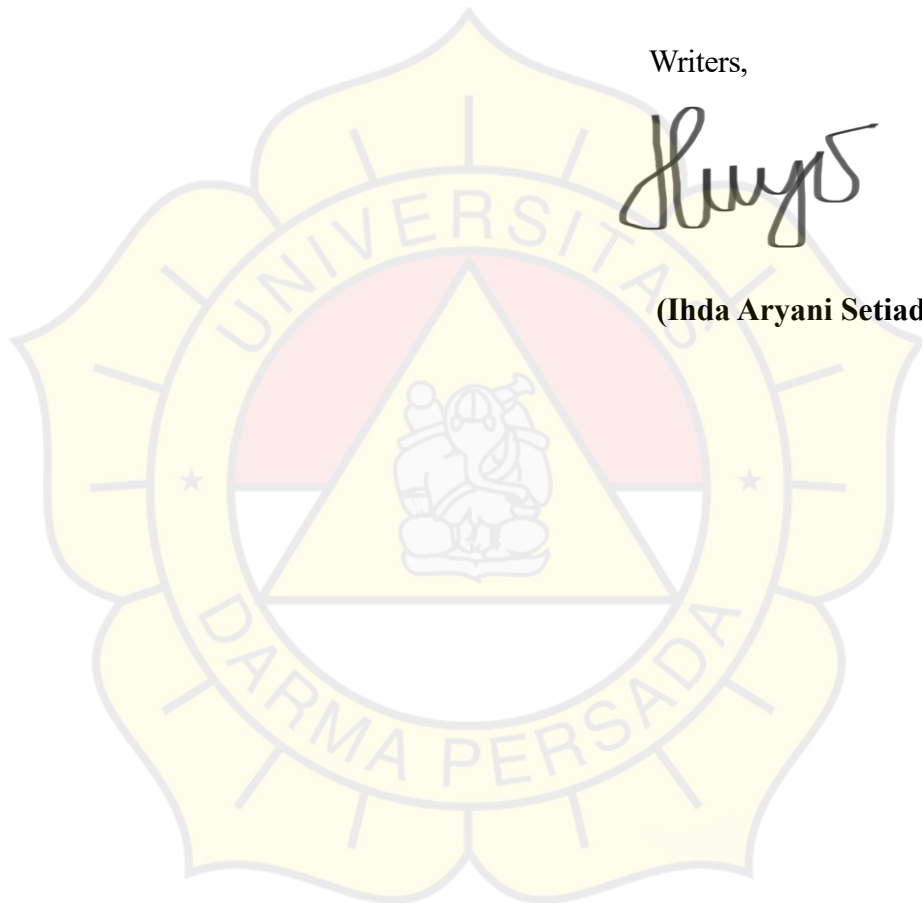
14. The writer realizes that in the writing of this internship report is still far from perfection, whether it is intentional or not on purpose. Therefore, the writer apologizes for if there are writings that are not pleasing to the reader. I hope this research an provide information and benefits for both writers and readers.

Jakarta, January 20,2026

Writers,



(Ihda Aryani Setiadi)



DARKNESS ANXIETY THAT LEADS TO DEFENSE MECHANISM IN THE CHARACTER ORION IN THE ORION AND THE DARK MOVIE SCRIPT (2024)

Ihda Aryani Setiadi

ihdaaryni@gmail.com

ABSTRACT

This study analyze the movie script Orion and The dark (2024). Orion and The Dark tells about Orion a boy in facing the fear and anxiety of darkness. Orion and The Dark movie script written by Chalie Kaufman in total 122 pages. Orion is an 11 year old boy who is still in school. He is a shy boy and has many fears, but his biggest fear is darkness. This study qualitative and narrative analysis and using Sigmund Freud's theory of anxiety and defense mechanism, also using Joseph M. Boggs and Dennis W. Petrie framework of characterization, plot, and setting to literary analysis. By using psychological theory, this research aims analyze and explain how does the darkness anxiety experienced by Orion in the "Orion in The Dark (2024)" movie script, and also analyze and explain how does Orion self defense mechanism to overcome the darkness anxiety according to Sigmund Freud psychoanalysis theory. The data collective technique used through the note taking methods to find elements that are related to the darkness anxiety and defense mechanism. Thus, result showed that Orion's darkness anxiety appears through intrinsic elements, particularly characterization, plot, and setting. Through dialogue, internal actions, and external behavior, Orion is consistently portrayed as a child who experiences excessive worry, and emotional vulnerability. His fear of darkness is shown to be irrational, and internally generated, indicating the presence of anxiety rather than realistic fear. Orion's darkness anxiety activates a wide range of defense mechanism, including denial, repression, projection, displacement, rationalization, fantasy, and sublimation.

Keywords: anxiety, defense mechanism, freud, movie script, psychoanalysis

**TRAUMA KECEMASAN AKIBAT KEGELAPAN YANG
MENGARAH PADA MEKANISME PERTAHANAN PADA
KARAKTER ORION DALAM NASKAH FILM “ORION IN THE
DARK” (2024)**

Ihda Aryani Setiadi

Ihdaaryni@gmail.com

ABSTRAK

Penelitian ini menganalisis naskah film Orion and The Dark (2024). Orion and The Dark bercerita tentang Orion, seorang anak laki-laki yang menghadapi rasa takut dan kecemasan akan kegelapan. Orion and The ditulis oleh Charlie Kaufman dengan total 122 halaman. Orion adalah anak laki-laki berusia 11 tahun yang masih bersekolah. Dia adalah anak yang pemalu dan memiliki banyak ketakutan, tetapi ketakutan terbesarnya adalah kegelapan. Penelitian ini menggunakan analisis kualitatif dan naratif serta teori kecemasan dan mekanisme pertahanan Sigmund Freud, juga menggunakan kerangka kerja Joseph M. Boggs dan Dennis W. Petrie tentang karakterisasi, plot, dan latar untuk analisis sastra. Dengan menggunakan teori psikologis, penelitian ini bertujuan untuk menganalisis dan menjelaskan bagaimana kecemasan akan kegelapan yang dialami Orion dalam naskah film “Orion in The Dark (2024)”, dan juga menganalisis dan menjelaskan bagaimana mekanisme pertahanan diri Orion untuk mengatasi kecemasan akan kegelapan menurut teori psikoanalisis Sigmund Freud. Teknik pengumpulan data digunakan melalui metode pencatatan untuk menemukan elemen-elemen yang berkaitan dengan kecemasan terhadap kegelapan dan mekanisme pertahanan diri. Dengan demikian, hasil penelitian menunjukkan bahwa kecemasan Orion terhadap kegelapan muncul melalui elemen intrinsik, khususnya karakterisasi, alur cerita, dan latar. Melalui dialog, tindakan internal, dan perilaku eksternal, Orion secara konsisten digambarkan sebagai anak yang mengalami kekhawatiran berlebihan, pemikiran katastrofik, dan kerentanan emosional. Ketakutannya terhadap kegelapan ditunjukkan sebagai sesuatu yang irasional, dan dihasilkan secara internal, menunjukkan kecemasan daripada ketakutan yang realistis. Kecemasan Orion terhadap kegelapan mengaktifkan berbagai mekanisme pertahanan, termasuk penyangkalan, represi, proyeksi, pengalihan, rasionalisasi, fantasi, dan sublimasi.

Kata kunci: Kecemasan, mekanisme pertahanan, freud, naskah film, psikologi analisis

TABLE OF CONTENT

INTELECTUAL PROPERTY STATEMENT PAGE	ii
LETTER APPROVAL	iii
LETTER APPROVAL	iii
TERM PAPER VALIDATION	iv
ACNOWLEDGEMENT	v
ABSTRAK	ix
TABLE OF CONTENT	x
CHAPTER 1 INTRODUCTION	1
1.1. Background of the Problem.....	1
1.2. Identification of the Problem.....	2
1.3. Limitation of the Problem	3
1.4. Formulation of the Problem	3
1.5. Objective of the Problem.....	3
1.6. Benefit of the Research	4
1.7. Systematic Organization of the Research.....	4
CHAPTER 2 THEORITICAL FRAMEWORK	6
2.1. Screenplay Theory.....	6
2.2. Intrinsic Elements.....	7
2.2.1. Characterization	7
2.2.1.1. Characterization Through Dialogue	7
2.2.1.2. Characterization Through Internal Action	7
2.2.1.3. Characterization Through External Action	8
2.2.2. Plot	8
2.2.2.1. Exposition	8
2.2.2.2. Complication.....	9
2.2.2.3. Climax.....	9
2.2.2.4. Dénouement	9
2.2.3. Setting	9

2.2.3.1. Setting as Determiner of Character	10
2.2.3.2. Setting as Reflection of Character.....	10
2.2.3.3. Setting to Create Emotional Atmosphere.....	10
2.2.3.4. Setting as Symbol.....	10
2.2.4. Theme.....	10
2.3. Extrinsic Elements.....	11
2.3.1. Psychology Literature	11
2.3.1.1. Darkness Anxiety	11
2.3.1.2. Defense Mechanism.....	12
2.4. Previous Related Study	13
CHAPTER 3 RESEARCH METHOD.....	17
3.1. Time and Location	17
3.2. Research Method Approach.....	18
3.3. Research Object and Data	18
3.4. Data Collection Technique.....	18
3.5. Data Analysis Technique.....	18
CHAPTER 4 DARKNESS ANXIETY THAT LEADS TO DEEFENSE MECHANISM IN THE CHARACTER ORION IN THE “ORION AND THE DARK” MOVIE SCRIPT (2024).....	20
4.1. Darkness Anxiety Appears in The Movie Script.....	20
4.1.1. Darkness Anxiety in Character Characterization.....	20
4.1.1.1. Darkness Anxiety Appears in Orion Based on Characterization Through Dialogue	20
4.1.1.2. Darkness Anxiety Appears in Orion Based on Characterization Through Internal Action.....	21
4.1.1.3. Darkness Anxiety Appears in Orion Based on Characterization Through External Action.....	22
4.1.2. Darkness Anxiety in Plot	23
4.1.2.1. Darkness Anxiety Appears in Orion Based on Exposition.....	23
4.1.2.2. Darkness Anxiety Appears in Orion Based on Complication	23
4.1.2.3. Darkness Anxiety Appears in Orion Based on Climax	24
4.1.2.4. Darkness Anxiety Appears in Orion Based on Dénouemen.....	24

4.1.3. Darkness Anxiety in Setting.....	25
4.1.3.1. Darkness Anxiety Appears in Orion Based on Setting as Determiner Character	25
4.1.3.2. Darkness Anxiety Appears in Orion Based on Setting as Reflection of Character	25
4.1.3.3. Darkness Anxiety Appears in Orion Based on Setting as Create Emotional Atmosphere.....	26
4.1.3.4. Darkness Anxiety Appears in Orion Based on Setting as Symbol	26
4.2. Defense Mechanism in The Movie Script.....	27
4.2.1. Defense Mechanism in Character Characterization	28
4.2.1.1. Defense Mechanism Appears in Orion Based on Characterization Through Dialogue	28
4.2.1.2. Defense Mechanism Appears in Orion Based on Characterization Through Internal Action.....	34
4.2.1.3. Defense Mechanism Appears in Orion Based on Characterization Through External Action.....	36
4.2.2. Defense Mechanism in Plot	37
4.2.2.1. Defense Mechanism Appears in Orion Based on Complication..	37
4.2.2.2. Defense Mechanism Appears in Orion Based on Climax.....	38
4.2.3. Defense Mechanism in Setting.....	39
4.2.3.1. Defense Mechanism in Orion Based on Setting as Determiner Character	39
4.2.3.2. Defense Mechanism in Orion Based on Setting as Reflection of Character	43
4.2.3.3. Defense Mechanism Appears in Orion Based on Setting Through Emotional Atmosphere.....	47
4.2.3.4. Defense Mechanism Based on Setting as Symbol	52
CHAPTER 5 CONCLUSION	54
REFERENCES.....	56
APPENDIX 1 SCHEME OF THE RESEARCH.....	58
APPENDIX 2 POSTER OF THE RESEARCH	59

APPENDIX 3 PRESENTATION SLIDES.....	60
APPENDIX 6 TERM-PAPER CONSELLING FORM.....	65
APPENDIX 7 TURNITIN RESULT	67
APPENDIX 8 CURRICULUM VITAE.....	68

