

CHAPTER 1

INTRODUCTION

1.1 Background of the Study

In recent years, many movies script explored about psychological themes that combine them with the tension of the person mental health. Research conducted by Sznajder et. al. (2022), shows that films and their script can effectively portray psychological issues while reducing the stigma surrounding mental health conditions. This shows that films with psychological themes are not only a way to entertain, but also an important tool for audiences to understand, feel close to, and even think about the complexity of the human brain with those suffering from mental disorders. In a movie script, there must be conflicts between individuals or inner conflicts experienced by the main character to attract the attention of the audience and lead to a problem solving between their story happy ending or sad ending. Like the movie script that will be discussed in this study which tells the story of Maria's life journey, an opera singer in overcoming psychological disorders due to past trauma, Maria (2024) Movie Script.

This movie script tells the story of Maria's last seven days before she was found dead in her apartment in 1977. Maria was a Greek-American opera singer who was very popular in the 1970s. Critics dubbed her "La Divina" (the divine one) because of her beautiful vocal technique and charisma during her performances. However, behind this success, Maria suffered from psychological disorders that she had suppressed and was unable to resolve on her own. These psychological disorders were caused by the breakup with her boyfriend, Aristotle Onassis, personal conflicts with her mother since childhood, and deteriorating health that prevented Maria from singing as she used to. For years, she harbored unresolved inner conflicts because Maria isolated herself and lived alone in her apartment, only imagining beautiful memories that could not be repeated. Maria often talked to herself, imagining herself being interviewed on television and meeting people from her past, but it turned out that this was a side effect of the sedatives she was taking, so she could not distinguish whether everything was real or fantasy.

Maria's psychological condition in the movie script can be interpreted through Sigmund Freud's theory of the death instinct. Freud explained that the death instinct is the unconscious human drive toward destruction or death as a solution to problems. In this case, Maria, who is desperate and has lost her identity, chooses to take sedatives to cope with her anxiety. Although she does not directly face death, her behavior and thoughts reveal Maria's unconscious urge to end her suffering through self-destructive actions.

I am interested in analyzing the script of the film *Maria* using Sigmund Freud's death instinct theory to reflect Maria's struggles. Death instinct is a psychological concept created to understand the unconscious human drive to achieve peace through self-destruction tendencies. Furthermore, no one has ever studied this film script before. I will analyze Maria's life journey, which involves many problems that lead to severe depression, such as addiction to tranquilizers, trauma from her relationship with her ex-boyfriend, Onassis, and a bad relationship with her mother through the literary works in the film script. Therefore, Maria's character has a close relationship and is suitable if analyzed with the concept of the death instinct by Sigmund Freud's theory.

1.2 Identification of The Problem

Based on the background of the problem above, I identify the problems in the movie script *Maria* in the character Maria Callas, as follows:

1. The character of Maria Callas in *Maria* faced complex psychological health issues that indicate loss of life motivation leading to a death instinct, due to her past trauma with Onassis and her mother, as well as the end of her career as an opera singer due to health condition.
2. The death instinct that works in the human unconscious is manifested through self-destructive tendencies, which reflects the unstable psychological condition in the *Maria* movie script.

1.3 Limitation of The Problem

Based on the identification of the problem above, I limit my research to the analysis of Death Instinct portrayed in the Character Maria Callas in *Maria* Movie Script which can be represent through the perspective of Sigmund Freud

Psychoanalytic theories.

1.4 Formulation of The Problem

Based on the limitation of the problem above, I formulate the problem of the research, as follows:

1. How is death instinct represented in the characterization, plot, and setting in *Maria* movie script?
2. How does self-destructive behaviors reflect Maria's psychological instability in Characterization, Plot, and Setting in *Maria* movie script?

1.5 Objective of The Research

Based on the formulation of the problem above, the purposes of the research as follows:

1. To explain how death instinct represent in characterization, plot, and setting in *Maria* movie script.
2. To analyze how self-destructive tendencies reflect Maria's psychological instability in Characterization, Plot, and Setting in *Maria* movie script.

1.6 Benefit of The Research

Based on the objective of the research above, I will discuss about the benefit of the research, as follows:

1. To expand the knowledge of literary psychology theory related through movie script.
2. The results of this research are expected to be a reference in the library of Darma Persada University or students who want to take the same research topic.

1.7 Systematic Organization of The Research

The framework of the term paper writing titled "Analysis of Death Instinct in the of Character Maria Callas in *Maria* Movie Script (2024)"

CHAPTER 1 : INTRODUCTION

In this chapters explain about the background of the research, identification of the problem, limitation of the problem, formulation of the problem, objective of the research, the benefit of the research, and systematic organization of the research about analysis of death instinct who experienced by Maria in the movie script *Maria* from psychoanalytic perspective.

CHAPTER 2 : THEORETICAL FRAMEWORK

This chapters will discuss about the theories used for this research. The researchers used Death Instinct Theory by Sigmund Freud approach.

CHAPTER 3 : RESEARCH METHOD

This section will discuss the method of the research that researcher used for this study. The approach used in this research is a narrative qualitative approach and collect the data from literature study and by psychology journal. Then, for analysis technique, the researcher watched the film and read the entire movie script. After that, the researcher will relate this movie script to Sigmund Freud Psychoanalytic theory.

CHAPTER 4 : FINDING AND ANALYSIS “ANALYSIS OF DEATH INSTINCT IN THE CHARACTER OF MARIA CALLAS IN *MARIA* MOVIE SCRIPT (2024)”.

This chapters will explain about how death instinct in the character Maria can represent from psychoanalytic approach.

CHAPTER 5 : CONCLUSION

This chapters will explain the conclusion of the research.